

## July 2025 Seniors' CHOICE menu

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>Steak Hoagie w/ Gravy</b> <b>(ch b) grilled chicken breast</b> Potato Wedges Baked Beans Hoagie Bun Fresh Apple	<b>Turkey Sandwich on Wheat</b> <b>(ch b) ham sandwich on wheat</b> Potato Salad Coleslaw Fruit Cocktail Mayo (for turkey only) Mustard (for ham only)	<b>Grilled Chicken w/ BBQ Sauce</b> <b>(ch b) hamburger</b> Green Beans Yellow Squash Bun Watermelon	<b>CLOSED</b> 
7	8	9	10	11
<b>Chicken Fajita Bowl</b> <b>(ch b) Taco Bowl</b> Brown Rice Pinto Beans Chuckwagon Corn Hot Apple Crumble Corn Chips Sour Cream	<b>Roast Pork Loin w/ Gravy</b> <b>(ch b) chicken w/gravy</b> Brown Rice Vegetable Medley Tropical Fruit Salad Wheat Bread Margarine	<b>Summer Salad</b> w/ diced Eggs, Shredded Cheese, Grape Tomatoes, Broccoli Floret, Wheat Roll / Margarine Ranch Dressing <b>(ch b) beef &amp; noodles w/gravy</b> <b>green beans, diced carrots</b> Grape Juice Animal Crackers	<b>Orange Chicken</b> <b>(ch b) baked fish</b> Brown Rice Green Beans Carrots Peaches Wheat Bread / Margarine	<b>Salisbury Steak w/Mushroom Gravy</b> <b>(ch b) chicken w/gravy</b> Parslled Potatoes Mixed Vegetables Pineapple Tidbits Wheat Bread Margarine
14	15	16	17	18
<b>Macaroni &amp; Cheese</b> <b>(ch b) fish sticks w/ tartar sauce</b> Green Beans Stewed Tomatoes Pears Wheat Bread Margarine	<b>Ham Sandwich on White</b> <b>(ch b) roast beef sandwich on white</b> 3 Bean Salad Potato Salad Fruit Cocktail Mustard (for ham only) Horseradish (for roast beef only)	<b>Turkey Frank</b> <b>(ch b) polish sausage</b> Potato Wedges Mixed Vegetables Bun Mustard Mandarin Oranges	<b>Popcorn Chicken Bowl</b> <b>(ch b) meatloaf w/ gravy</b> Mashed Potatoes w/ Cheese & Corn Green Beans Baked Cinnamon Apples Biscuit & Margarine	<b>Happy July Birthday</b> <b>BBQ Beef</b> <b>(ch b) grilled chicken breast</b> Peas & Onions Peaches w/ Oat Topping Cole Slaw Bun Sponge Cake 
21	22	23	24	25
<b>Chicken &amp; Potato Casserole</b> <b>(ch b) roast beef &amp; gravy</b> California Blend Vegetables Mixed Berry Applesauce Wheat Bread Margarine	<b>Sloppy Joe</b> <b>(ch b) chicken BBQ</b> Peas Chuckwagon Corn Bun Peaches	<b>Chicken Caesar Salad</b> <b>w/ Parmesan &amp; Croutons</b> Marinated Cucumbers & Onions <b>(ch b) spaghetti &amp; meatballs w/ marinara</b> <b>parmesan, italian vegetables, &amp; spinach</b> Pears Dinner Roll / Margarine Cinnamon Teddy Grahams	<b>Cheese Manicotti</b> <b>w/ Pesto Cream Sauce</b> <b>(ch b) spaghetti &amp; meatballs</b> Spinach California Blend Vegetables Fruit Cocktail Wheat Bread / Margarine (ch a only)	<b>Hamburger</b> <b>(ch b) hot deli ham</b> w/ White American Cheese slice Potato Wedges Broccoli Bun Pineapple Tidbits Mustard / Ketchup
28	29	30	31	
<b>Meatloaf w/ Gravy</b> <b>(ch b) roast turkey w/ gravy</b> Mashed Potatoes Carrots Mandarin Oranges Wheat Bread Margarine	<b>Cheese Lasagna</b> <b>(ch b) beef &amp; noodles</b> Italian Vegetables Yellow Squash Applesauce	<b>Hawaiian Pineapple Ham</b> <b>(ch b) pineapple topped chicken</b> Roasted Sweet Potatoes Peas Tropical Fruit Salad Wheat Bread ) Margarine 	<b>Cinci-Style Chili</b> <b>w/ Spaghetti</b> <b>(ch b) roast beef w/gravy</b> Kidney Beans Broccoli Peaches Cheddar Cheese (ch A only) Oyster Crackers (ch A only) 2 Wheat Bread / Margarine (ch b only)	